

Resource Map

Bio and Geosciences URGE Pod, College of Science and Math

Academic Help and Professional Development

Academic Help

- <u>CSUN Tutoring Center</u>
- <u>CSUN Writing Center</u>
- <u>CSUN Disability Services</u>
- <u>CSUN Office of Graduate</u>
 <u>Studies</u>

Professional Development

- AGU Bridge Program
- <u>CSUN-UCLA Bridges to</u> <u>Stem Cell Research</u> <u>Program</u>
- <u>Geological Society of</u> <u>America GeoCorps</u> <u>Internships</u>
- GSA Mentoring365
- GSA On To the Future
- <u>NSF Research</u> <u>Experiences for</u> Undergraduates (REUs)
- ORISE Internships and Fellowships
- ORISE Research
 Participation Programs at
 the EPA
- <u>SEEDS Partnerships for</u> <u>Undergraduate Research</u> <u>(SPUR) Fellowship</u>
- <u>Significant Opportunities in</u> <u>Atmospheric Research and</u> Science (SOARS)
- Undergraduate Research <u>Training Initiative for</u> <u>Student Enhancement (U-<u>RISE)</u>
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Financial Resources

Scholarships

- <u>AIPG National Scholarship</u>
 <u>Program</u>
- AWG Awards
- <u>AWG's Crawford Field</u> <u>Camp Scholarships</u>
- CSUN Scholarships
- <u>CSUN Department of</u> <u>Biology Scholarships</u>
- <u>CSUN Graduate Equity</u>
 <u>Program</u>
- <u>GSA Field Camp Awards &</u> <u>Scholarships</u>
- <u>GSA Grants and</u> <u>Scholarships</u>
- <u>Scholarships for BIPOC</u> and Marginalized students
- Out to Innovate™ Scholarships

Transportation Options

- Biking
- Public transportation:
 - o <u>LA Metro</u>
 - LADOT Transit (DASH)
- Scooter rentals
 - o <u>Bird</u>
 - o Uber scooters
 - Lyft scooters
 - o <u>Lime</u>
- <u>Zipcar</u>

Other Resources

- <u>California's Low Cost Auto</u> Insurance Program
- <u>Covered California Health</u>
 <u>Insurance</u>

Grants and Fellowships

- AAUS Grants
- <u>American Association for</u> <u>the Advancement of</u> <u>Science (AAAS) Science</u> <u>and Technology Policy</u> <u>Fellowships</u>
- <u>American Association of</u> <u>Hispanics in Higher</u> <u>Education</u>
- <u>GSA Graduate Student</u>
 <u>Research Grant</u>
- International Women's
 Fishing Association Marine
 Research Grant
- NASA Fellowships
- <u>NRC Research</u> <u>Associateship Programs</u> <u>(RAP)</u>
- NSF Graduate Research Fellowship Program
- PADI Foundation
- Smith Fellows
- <u>Switzer Environmental</u> <u>Fellowship</u>
- <u>USGS Mendenhall</u> <u>Research Fellowship</u> <u>Program</u>
- <u>Women Divers Hall of</u> <u>Fame Grant</u>

Food Assistance

- <u>CSUN Food Pantry</u> <u>csunfoodpantry@csun.edu</u>, (818) 677-2730
- CSUN CalFresh Outreach: <u>calfreshcsun1@gmail.com</u>, (818) 677-2704

Resources for Connection

On-Campus Resources

- <u>CSUN Groups / Clubs</u>
- Division of Student Affairs
- DREAM Center
- Improving the Geological <u>Experience for Minority</u> <u>Students (GEMS)</u>
- <u>Matador Involvement Center</u>
- Pride Center
- Project Rebound
- <u>Research Opportunities for</u> <u>CSUN Students (LA ROCS)</u>
- The Black House
- <u>Veterans Resource Center</u>

Local Spiritual Resources

- <u>CSUN Religious Clubs</u>
- <u>Yellow Pages Places of</u> worship near Northridge, CA

Businesses in/near Northridge

- Barber Shops
- Beauty Salons
- <u>Clothing Stores</u>
- Grocery Stores

Black Owned Businesses in/near Northridge

- <u>Restaurants</u>
- Beauty Salons
- Barber Shops
- Businesses

Cuisine

 Latin American Restaurants and Bakeries

Opportunities for Community Training

- GSA Webinar Library
- Supporting Black Wellness
 <u>Trainings BEAM</u>
- QPR Institute | Practical and Proven Suicide Prevention Training

Off-Campus Organizations

- <u>Asian Americans and</u> <u>Pacific Islanders in</u> <u>Geosciences (AAPliG)</u>
- <u>American Geophysical</u> <u>Union (AGU)</u>
- <u>American Indian Science</u> and Engineering Society (AISES)
- <u>American Institute of</u> <u>Biological Sciences (AIBS)</u>
- <u>Association of Women</u> <u>Geoscientists (AWG)</u>
- BIMS: Black in Marine Sciences
- Botanical Society of <u>America</u>
- Diverse Geologists
- <u>Ecological Society of</u> <u>America (ESA)</u>
- GeoLatinas
- <u>Geological Society of</u> <u>America (GSA)</u>
- <u>GirlTrek</u>
- International Association for Geoscience Diversity
- <u>Latinos in Science and</u> Engineering (MAES)
- Long Term Ecological
 Research Network (LTER)
- <u>National Association of</u> <u>Black Geoscientists (NABG)</u>
- <u>National Association of</u> Black Scuba Divers (NABS)
- Organization of Biological Field Stations (OBFS)
- <u>American Geosciences</u> Institute
- <u>Society for Advancement of</u> <u>Chicanos/Hispanics and</u> <u>Native Americans in</u> Science (SACNAS)
- <u>Society of Conservation</u>
 <u>Biology</u>
- <u>Society of Wetland</u>
 <u>Scientists (SWS)</u>
- Women Divers Hall of Fame

Social Media Accounts

- Asian Mental Health Collective
 Instagram
- BlackInGeoscience

 <u>Twitter</u>
 Instagram
- Black in Marine Sciences (BIMs)
 - <u>Twitter</u>
 - o Instagram
- CSUN Revolutionary Scholars

 Instagram
- Disabled & Outdoors

 Instagram
- Diverse Geologists
 <u>Twitter</u>
 - Instagram
- GeoLatinas

 <u>Twitter</u>
 - o Instagram
- Headspace

 <u>Website</u>
 Instagram
 - o Twitter
- Hikeclerb
 - o <u>Instagram</u>
- Indigenous Women Hike
 <u>Instagram</u>
- Intersectional Environmentalist
 - Instagram
- JED Foundation
 - Website
 - o Instagram
 - \circ <u>Twitter</u>
- Nap Ministry
 Instagram
- Seeding Sovereignty

 <u>Twitter</u>
 - o Instagram
- Somos Familia Valle

 <u>Instagram</u>
- The Hidden Opponent
 - <u>Website</u>
 - o <u>Instagram</u>
 - <u>Twitter</u>

Resources for Emotional Health

On-Campus Emotional Health Resources

- <u>CSUN Counseling Center</u>
- <u>CSUN Counseling Services</u>
 Information
- CSUN Self-Help Library
- CSU Northridge: YOU

Off-Campus Emotional Health Resources

- <u>Asian Mental Health Collective</u>
- Black Emotional and Mental Health
 Collective BEAM
- LA LGBT Center

Podcasts

- <u>AFFIRM Podcast (for women of color)</u>
- Brown Girl Self-Care (on Spotify)
- Latinx Mental Health
- Latinx Therapy
- <u>Mental Health in the Black</u> <u>community</u>
- <u>Nothing Much Happens; bedtime</u> <u>stories to help you sleep</u>
- Ologies (science podcast)
- <u>Stories of Stigma: South Asian</u> <u>Mental Health</u>
- The Indigenous Futures Podcast

Apps for Emotional Health

- <u>Calm</u>
- BetterHelp
- FREE Headspace for LA County

Resources for Physical Health

Physical Health Resources

- <u>CSUN Health Center</u>
- <u>CSUN Student Recreation Center</u>
 <u>(SRC)</u>
- Headspace (yoga and exercise videos)
- Oasis Wellness Center
- <u>Yoga with Adriene YouTube yoga</u> <u>videos</u>

Access to Nature

- <u>AllTrails App</u>
- <u>American Hiking Society</u>
- <u>Audubon Society</u>
- Black Girls Trekkin
- <u>CSUN Nature Walk</u>
- Disabled Hikers
- Inclusive Outdoors Project
- Latino Outdoors
- National Park Service
- <u>Native Women's Wilderness</u>
- Outdoor Afro
- Outdoor Asian
- <u>Rising Routes</u>
- Seek by iNaturalist
- US Fish and Wildlife Service