

URGE

Unlearning Racism in Geoscience

W SCHOOL OF ENVIRONMENTAL AND FOREST SCIENCES
UNIVERSITY of WASHINGTON
College of the Environment

URGE Resource Map for SEFS - Deliverable

This is a Resource Map developed by the School of Environmental and Forest Sciences (SEFS) Pod at the University of Washington (UW). The intention of this document is to provide a list of resources available at SEFS and UW, as well as Seattle and Nationally, for supporting members of our community, with specific resources for BIPOC individuals.

This was adapted from the "[Resources for SEFS graduate students](#)" document developed by the SEFS Graduate Student Council, and the "Sample Ph.D. Mentoring Plan" developed by Vashan Wright (Woods Hole Oceanographic Institution) and Karin Block (City College of New York and CUNY Graduate Center), License: [CC BY-NC-SA 4.0](#).

Code-of-conduct

Currently, SEFS does not have an overarching code of conduct for research, work, and learning in our department. Some lab groups have their own conduct codes, but developing a shared SEFS-wide code with clear guidelines would be very helpful and useful, especially for new students.

UW has a page describing [student policies](#), including university-wide conduct for (a) [discriminatory and sexual harassment, intimate partner violence, sexual misconduct, stalking, and retaliation](#) and (b) [academic misconduct and behavioral misconduct](#). The Washington State Legislature has a [Student Code of Conduct for the UW](#) that underlines the UW policies.

General Internal Information

- [SEFS Building Information](#)
- [SEFS Intranet](#) - SEFS internal source of information, forms, guidelines, etc. related to human resources, academic affairs, committees and councils, research information, communications and events
- [College of the Environment Intranet](#) - CoE internal source of information on human resources, academic affairs, committees and councils, research information, and communications and events

Lines of Communication for Graduate Students

- [SEFS Grad Student Directory](#) - Opt-in directory of current grad students in SEFS, including contact information and research study area
- [SEFS Grad Student Slack Channel](#) - Grad-student-only space for communicating with peers; Join [here](#)
- [SEFS Grads Facebook](#)
- [sefsgrads listserv](#) - all SEFS graduate-student related communications; sefsgrads@uw.edu
- [CoE Grad students listserv](#) - all College of the Environment graduate-student related communications; environment_grads@uw.edu
- [UW Graduate Students Facebook page](#)

Event Calendars & Mailing Lists

- [SEFS Events Calendar](#)
- [College of the Environment Calendar & Events](#)
- [College of the Environment DEI Events Calendar](#)
- [UW Alumni Association Events Calendar](#)
- [Nature & Health listserv](#) - naturehealth@uw.edu
- [Fish & Wildlife Ecology Group](#) - fwecosem@uw.edu
- [CoE Diversity listserv](#) - environment_diversity@uw.edu
- [CoE Outreach listserv](#) - environment_outreach@uw.edu
- [Program on Climate Change \(PCC\) listserv](#) - pccgrads@uw.edu

Graduation Requirements

- [SEFS Graduate Student Handbook](#)
- [MyPlan](#) - Academic planning tool for finding, selecting, and registering for courses, auditing progress towards degree program, and more
- [MyUW](#) - Online resource hub for academic resources, finances, accounts information, employment, registration, and more
- [Preparing to Graduate](#) - UW Graduate School guide providing timelines, checklists, and FAQs
- [MS Course Requirements](#), [MEH Course Requirements](#), [MFR Course Requirements](#) & [PhD Course Requirements](#)

Conflict & Reporting Resources

See our [Session 2 deliverable](#) for in-depth information on university (UW) and departmental (SEFS) policies for handling complaints, the reporting process, resources, and possible outcomes.

SEFS Resources

- [SEFS Policies for Reporting Concerns & Grievances](#) - Departmental page for responding to incidents that affect members' sense of safety in SEFS, including an [anonymous reporting form](#)

UW Resources

- [SafeCampus](#) - UW's violence-prevention and response program. Call 24/7 to anonymously discuss safety and well-being concerns for yourself or others; 206-685-7233, safecampus@uw.edu
- [UW Bias Incident Reporting Tool](#) - UW tool for reporting incidents of bias or suspected bias
- [UW Office of the Ombud](#) - Client-focused services for preventing, managing, and resolving conflicts at the university
- [Title IX Investigation Office](#) - Complaints against sexual misconduct by students, including sexual assault, sexual harassment, sexual exploitation, indecent exposure, relationship violence, stalking, and domestic violence; tixinv@uw.edu
- [UW Confidential Advocates](#) - Free advocacy and support for students and employees impacted by sexual assault, relationship violence, domestic violence, stalking, sexual harassment, and other related experiences
- [University Complaint Investigation Resolution Office \(UCIRO\)](#) - Complaints against discrimination and/or retaliation by UW employee; uciro@uw.edu
- [UAW 4121 Contract Enforcement & Grievance Procedure](#) - Union support for Academic Student Employees (ASEs) resolving problems with their contract rights; contractenforcement@uaw4121.org

Broader Resources

- [Stop AAPI Hate](#) - Reporting tool and resources/support for Asian American Pacific Islander communities impacted by hate incidents
- [Stop the Hate Community](#) - Online tools for reporting and accountability for bias and hate incidents around the nation, developed by Washington State Commission on Asian-Pacific American Affairs

Equipment

Within SEFS, field and lab equipment are coordinated mostly within individual lab groups. The exception is the [SEFS Genetics Lab](#), which contains shared equipment for molecular lab work listed on the lab website. There is not a clear place or document where information on available equipment lives within the department. There is broad agreement on how useful a shared gear library would be for borrowing field, lab, and other equipment among SEFS community members.

There are some resources within SEFS, UW, and Seattle for renting and borrowing technology, outdoor, and recreational gear for research and personal use.

Technology

- [SEFS IT](#) has projectors and rugged field laptops available to borrow [here](#)
- [Student Technology Loan Program \(STLP\)](#) - Free tech equipment loans for UW students including laptops, cameras, projectors, audio, calculators, and more

Field work

- The SEFS DEI Committee has a scholarship fund for student field gear purchases

Recreation

- [UW Waterfront Activities Center \(WAC\)](#) - Water-related gear rentals including kayaks, canoes, rowboats, and related equipment (25% discount for UW Seattle students, 15% discount for UW employees)
- [UW UWild Gear Garage](#) - Outdoor equipment rentals for snow sports, camping/backpacking/hiking, fishing, rock climbing, biking, and more
- [REI Outdoor Gear Rentals](#) - Access to camping/hiking, cycling, snow, climbing, and other gear rentals through REI

Computing Resources

- [SEFS IT](#) - Information about SEFS computing services and support
- [SEFS Computer Labs](#)
- [Find UW Computer Labs](#)
- [Madrona Virtual Desktops](#) - Platform providing distinct computer resources for each student within SEFS in computer labs as well as 24/7 remote access. Available research software includes ArcGIS, Google Earth, and other higher end graphics programs.
- [U Drive](#) - Central file storage for UW students, faculty, and staff that can be accessed anywhere, on- and off-campus
- [Husky OnNet](#) - Free individual VPN for UW students, faculty, and staff that allows access to journal articles and UW subscriptions when off-campus and not connected to the campus network
- [UWare](#) - Software at reduced or no cost to UW students. Includes access to Microsoft software, Matlab, Adobe Creative Cloud, Tableau Software, SAS Statistical Packages, and more

Recreation & Fun

- [UW Intramural Activities Center \(IMA\)](#) - Campus recreation and fitness center offering gym space and fitness classes, a pool and climbing wall, personal training, intramural sports, outdoor recreation programs, golf range, gear rentals and more
- [UW Intramurals](#) - Intramural sports program with lots of individual and team offerings quarterly
- [Craggs Climbing Center](#) - UW climbing wall
- [UWild Adventures](#) - outdoor recreation and education program providing support for UW students to engage in all the Pacific Northwest has to offer. Hosts instructional classes and outdoor trip, provides discounted equipment rental for recreational and academic use, and creates opportunities for students to build community

Meeting & Event Space

- [SEFS Spaces](#) - Several rooms in the SEFS buildings may be booked for meetings, presentation practice, and/or social activities. You can find information on the types of rooms, availability, and how to reserve [here](#)
- [SEFS Off-Campus Facilities](#) - Available for research opportunities and writing retreats
 - [Pack Forest](#)
 - [Center for Urban Horticulture \(CUH\)](#)
 - [Olympic Natural Resources Center \(ONRC\)](#)
 - [Friday Harbor Labs](#)
- [HUB Spaces](#) - Students may reserve HUB spaces for studying, events, meetings, etc. [here](#)
- [UW Libraries](#) - current UW community members can reserve study spaces at the libraries [here](#)
- [UW](#) - Meeting rooms available to UW departments/organizations, RSO's, and Off Campus groups can be arranged [here](#)
- [UW Scout](#) - Find campus options for food, study spaces, and tech items

Leadership Service & Outreach Opportunities

SEFS

- [SEFS Graduate Student Council \(GC\)](#) - 5 elected graduate student representatives who serve as the voice for graduate students in SEFS. GC promotes policies and programs that support graduate students in their academic, professional, and personal success, fosters community and inclusivity, and serves as a communication bridge between faculty and students; sefsgc@uw.edu

- [Diversity, Equity, and Inclusivity Committee \(DEIC\)](#) - Faculty, staff, and student representatives working to find and remove barriers to diversity at SEFS; graduate students are represented by 1-2 nominated students
- [Research Committee](#) - faculty committee reviewing and evaluating funding proposals and developing new interdisciplinary research initiatives; graduate students are represented by 1-2 nominated PhD students
- [Curriculum Committee](#) - faculty committee overseeing the undergraduate and graduate programs of SEFS; graduate students are represented by 1 nominated student
- [IT Committee](#) - faculty committee discussing and resolving computing and IT issues across SEFS; graduate students are represented by 1 nominated student

CoE

- [Student Advisory Council \(SAC\)](#) - Undergraduate and graduate student representatives from departments within the College of the Environment providing input, insight, and perspective on the student experience for advising the Dean and Associate Deans; SEFS is represented by one elected graduate student and two undergraduates
- [Diversity Committee](#) - facilitates quarterly gatherings to advance the conversation on creating and supporting inclusive environments at the different College units; coenvdiv@uw.edu
- [Curriculum Committee](#) - responsible for curricular policy matters at the college level, including general oversight of courses and programs offered for the common benefit of all departments

UW

- [Graduate & Professional Student Senate \(GPSS\)](#) - Representative body for UW graduate and professional students across academic departments. GPSS hosts events and programming, provides opportunities for engagement through internal committees and university-wide liaison positions, and offers funding for academic and professional development; SEFS is represented by two elected graduate student senators
- [UAW 4121](#) - Union for all Academic Student Employees (ASEs) & postdocs at UW. SEFS is represented by one elected graduate student steward. There are also opportunities to be more involved in broader union positions and work groups
- [GO-MAP Graduate Student Advisory Board](#) - interdisciplinary group of graduate students who meet quarterly to discuss and plan programmatic offerings designed to build community and support graduate education through diversity
- [First-Gen Graduate Student Advisory Board \(FGSAB\)](#)
- [International Graduate Student Advisory Board](#)

Violence-Prevention & Response Resources

- [SafeCampus](#) - UW's violence-prevention and response program; 206-685-7233, safecampus@uw.edu
- [UW Sexual Assault Resources](#) & [Medical care resources](#)
- [King County Sexual Assault Resource Center \(KCSARC\)](#) - Victim-advocacy organization providing services to children, teens, and adults who are victims of sexual assault
- [National Domestic Violence Hotline](#) - Free, confidential, 24/7 help for survivors of domestic violence; 1-800-799-7233
- [National Sexual Assault Hotline \(RAINN\)](#) - Free, confidential, 24/7 help for survivors of sexual violence

Trainings

- [Husky Health and Wellbeing](#) - training on violence prevention and safety, mental health, health insurance, and well-being for the UW community
 - Violence Prevention & Response Training
 - EPIC: Empowering Prevention & Inclusive Communities - sexual harassment and gender discrimination prevention for graduate students and postdocs
- [UW Resilience Lab](#) - promoting a culture of well-being at UW through education, research partnerships, and core programs and initiatives
 - [Be REAL Program](#): REsilient Attitudes and Living - 6-week program promoting well-being through cognitive behavioral skills, mindfulness skills, and practices to encourage compassion for self and others
 - [Well-Being for Life & Learning Initiative](#) - support for instructors in designing learning environments that promote well-being
 - [Fail Forward](#) - event for leaders (UW faculty, coaches, administrators) to share stories of failures and setbacks faced throughout their careers
- [UW Holistic Admissions](#) - UW Graduate School workshops and trainings for faculty and staff to promote understanding of issues pertaining to traditional admissions practices as well as understanding the rationale and benefits in implementing holistic admissions review
- [EH&S Training Resources](#) - Safety training courses offered by UW's Environmental Health & Safety department

Health & Wellness Support

UW Resources

- [Husky Health & Well-Being](#) - Central location of health services for UW Seattle students, including mental health, medical and dental, recreation, safety, and other resources

- [UW CareLink](#) - Employee assistance program for UW employees, their dependents, and other household members. Provides free, confidential access to guidance consultants who provide counseling, legal advice, financial guidance, eldercare assistance, critical and trauma incident response services, and more; 24/7 hotline: 866-598-3978
- [Graduate Appointee Insurance Program \(GAIP\)](#) - Insurance plan for graduate student employees provided through [LifeWise Assurance Company](#)
- [UW Hall Health Center](#) - On-campus medical and mental health support and pharmacy for students. Services include nurse advice, primary care, pharmacy, women's health, sports medicine, sexual health, and more
- [UW Counseling Center](#) - Central location for mental health resources, workshops, individual and group counseling, referrals, and crisis services at UW
- [24/7 My Student Support Program \(My SSP\)](#) - Free, confidential, 24/7 emotional health and wellbeing support for students via the app, phone, or web; 1-866-743-7732
- [Let's Talk](#) - Drop-in consultation with a UW counselor
- [UW Self-Help Mental Health Resources](#) - Information about a variety of mental health-related topics
- [LiveWell Center for Student Advocacy, Training, and Education](#) - Programs for alcohol and drug abuse, suicide intervention, survivor support and advocacy, and peer health educators
- [Off-Campus Care](#) - Tips and resources for accessing off-campus counseling services including options for individuals with and without insurance
- [Mindfulness, Yoga & Meditation](#) - UW mindfulness, yoga, and mediation offerings through the IMA
- [Workshops](#) - UW Counseling Center page for general and identity-specific group support options including group therapy, mental health workshops and drop-in groups, and trainings for students and staff
- [UW Alcohol eCHECKUP TO GO](#) - Accurate and personalized feedback about individual drinking pattern, risk patterns, and helpful resources at UW
- [Samuel E Kelly Ethnic Cultural Center Health & Wellness Resources](#)

General Resources

- [Mental Health Screening Tool](#) - Online anonymous mental and emotional self-assessment tool
- [Find a Therapist](#)
- [Crisis Connections](#) - 24/7 helpline for emotional and physical needs of individuals across Washington state; 866-427-4747
- [Samaritan of Puget Sound](#) - Low Income Clinic providing counseling, mental health, education, consultation, medication, and services for families, congregations, and organizations

Resources for Black Individuals

- [Resources for Black Healing](#) - Resource compilation developed by Micalah Webster, MSW/MHSA, a Black woman and social worker, including resources for mental health, self-care and healing, understanding the trauma response, and more.
- [Black Emotional and Mental Health Collective \(BEAM\)](#) - Resource for finding Black therapists, doulas, yoga teachers, mediators, and more
- [Therapy for Black Girls](#) - Online space dedicated to encouraging mental wellness of Black women and girls
- [Therapy for Black Men](#) - Resource for finding proactive, multiculturally competent care to men of color

Resources for Asian American and Pacific Islander Individuals

- [Asian Mental Health Collective](#)
- [Asian Counseling and Referral Services](#)
- [SouthAsianTherapists](#)
- [National Asian American Pacific Islander Mental Health Association](#)

Resources for Latinx/Hispanic Individuals

- [Consejo Counseling & Referral Services](#) - Behavioral health, substance abuse, domestic violence, housing, and sexual assault services for Latinx communities in Washington
- [Washington State Latino Community Fund \(LCF\)](#) - Free and unbiased health care coverage, counseling, community engagement, outreach, and education services regarding Medicare, SNAP, Fresh Bucks, Bailando las Canas, and more
- [Melanin & Mental Health](#) - Connecting Black & Latinx/Hispanic communities with culturally competent mental health clinicians

Resources for Indigenous Individuals

- [Indigenous Wellness Research Institute](#)
- [UW AI/AN Resources](#)

Resources for LGBTQ+ Individuals

- [UW Q Center](#) - Resource, advocacy, and mentoring center for queer students and concerns at UW; qcenter@uw.edu
- [Ingersoll Gender Center](#) - Mutual support and education organization for transgender, trans, gender variant and genderqueer people, and the people who support them
- [Seattle Counseling Services \(SCS\)](#) - Social well-being and mental health support for LGBTQ+ communities in Seattle. Services include substance use disorder, harm reduction, HIV prevention, and immigrant, refugee, and undocumented outreach
- [What to Do If You've Been the Victim of a Hate Crime](#) - Human Rights Campaign resources page for support and reporting anti-LGBTQ+ hate crimes

- [National Queer & Trans Therapists of Color Network](#) - Directory and resources for QTPOC mental health practitioners
- [Call BlackLine](#) - 24/7 hotline and space for peer support, counseling, witnessing, and affirming the lived experiences to folks who are most impacted by systematic oppression with an LGBTQ+ Black Femme Lens (prioritizes BIPOC); 1-800-604-5841

UW Anti-Racism Resources

- [Black Individuals and Communities](#) - UW Counseling Center list of self- and community-care resources for Black community members
- [Non-Black Individuals and Communities of Color](#) - UW Counseling Center reflection, education, and action resources for combating anti-Black racism as NBPOC
- [White Individuals and Communities](#) - UW Counseling Center education, reflection, and action resources for combating anti-Blackness and racism as white community members
- Faculty and Staff [Resource](#) for addressing emotionally or politically-charged news with students

Community Support Organizations & Clubs

Groups in SEFS & College of the Environment

- [Confronting Racism & Internalized Whiteness \(CRIW\)](#) - Affinity group to engage SEFS grad students and postdocs in confronting white supremacy and white privilege by encouraging each other to retrain, process feelings, and commit to action to shift power. CRIW aims to allow the onus of dismantling whiteness to fall on people who benefit from white privilege; Michele Buonanduci, mbuon@uw.edu
- [Community Equity Initiative \(CEI\)](#) - Collective of College of the Environment (CoE) students, postdocs, and staff focused on supporting, centering, and creating space for prioritizing and uplifting CoE members who are Black, Indigenous, People of Color, LGBTQ+, have disabilities, and/or transcend multiple identities. CEI is dedicated to dismantling systemic racism, and was created to push initiatives that prioritize the health and success of marginalized peoples in CoE and across UW; uw.coe.cei@gmail.com
- [Dead Elk Society](#) - promotes social interaction and networking between students, faculty, and staff within SEFS through regular happy hours, breakfasts, and celebrations
- [Geospatial Club](#) - student-run group promoting geospatial sciences, technologies, and information; uwgsc@uw.edu
- [Climbing Group](#) - Don Radcliffe, dradclif@uw.edu
- [SEFS CoLab](#) - Holds open lab meetings for SEFS graduate students
- [SEFS Fish & Wildlife Ecology Group](#) - fwecosem@uw.edu
- [Society for Ecological Restoration \(SER\)](#) - UW chapter of [SER International](#) that brings together students with a common interest in the science and practice of ecological restoration; seruw@uw.edu

- [TAPPI \(Technical Association of the Pulp & Paper Industry\)](#) - promotes professional, educational, and social development of UW Bioresource and Engineering (BSE) students; tappi@uw.edu
- [Xi Sigma Pi \(Forestry Honor Society\)](#) - promotes high standard of scholarship in forestry education, works for improvement of the forestry profession, and promotes a fraternal spirit among those engaged in activities related to the forest; xsp@uw.edu

Groups at UW

- [UW Black Student Union \(BSU\)](#) - Union between Black students, Black faculty, and Black organizations and the greater UW community to enhance cultural and political awareness, sponsor social events, and provide support for the students and community; bsu@uw.edu
- [Graduate Opportunities and Minority Achievement Program \(GO-MAP\)](#) - Leadership and advocacy to achieve equitable representation, access, and success for graduate students of color at UW
- [UW Society for the Advancement of Chicanos and Native Americans in Science \(SACNAS\) Chapter](#) - Professional development, career exposure, outreach, and mentorship opportunities for SACNAS members; provides ongoing local support for the development of members as scientists and science leaders; sacnas@uw.edu
- [UW American Indian Science & Engineering Society \(AISES\) Chapter](#) - provides opportunities for American Indians and Native Alaskans to pursue studies in science, engineering, business, and other academic arenas by nurturing community building and bridging science and technology with traditional Native values
- [UW Society of Hispanic Professional Engineers \(SHPE\) Chapter](#) - leading social-technical organization whose primary function is to enhance and achieve the potential of Hispanics in engineering, math, and science
- [UW Student Veteran Life](#) - Services and programs supporting and strengthening the student veterans community
- [UW Veterans Education Benefits](#) - information and guidance for veterans, current active duty members or dependents of military who may be entitled to VA benefits, tuition reductions, or tuition assistance programs at UW
- [Samuel E. Kelly Ethnic Cultural Center](#) - resources and opportunities for students including advising, organizational development, personal growth, and referrals
- [Office of Minority Affairs & Diversity \(OMA&D\) Academic Counseling Services \(ACS\)](#) - academic and career advising, mentoring, support, and assistance programs for economically disadvantaged and first-gen students, first year students from migrant and seasonal farm working families, students from foster care, and more
- [Student Parent Resource Center](#) - resources and financial support to students with children, including Childcare Assistance Program and resources to help find a childcare provider

- [UW Farm](#) - campus center for practice and study of urban agriculture and sustainability; educational, community-oriented resource for people who want to learn about building productive and sustainable urban landscapes
- [Students Expressing Environmental Dedication \(SEED\)](#) - UW student organization that works with residents and Housing & Food Services to bring awareness to sustainable issues that impact our campus
- [Washington Public Interest Research Group \(WashPIRG\)](#) - independent, state-based, nonpartisan, nonprofit, student organization that works to solve public interest problems related to the environment, consumer protection, and government reform
- See the [UW Environmental Stewardship & Sustainability Office's](#) online listing of environment or sustainability related UW student groups
- For information on non-environmentally related student groups, see the [RSO Directory](#)

Faculty & Staff Affinity Groups

- [Asian and Pacific Islander American Faculty & Staff Association](#) - Creating, engaging, maintaining, and sustaining a visible and supportive APIA community; apafsuw@uw.edu
- [Black Faculty & Staff Association](#) - Fostering a greater sense of community and mutual support among Black faculty and staff at UW through mentoring and networking; bfsuw@uw.edu
- [Queer Faculty, Staff & Allies Association \(QFS\)](#) - Fostering a campus climate where all Q faculty, staff, and allies are valued and respected, regardless of sexual orientation or gender identity; qfs@uw.edu
- [Latinx Faculty & Staff Association \(LFSA\)](#) - Advocacy, leadership development, and social network that addresses Latinx issues in higher education, including educational concerns and advancement of the UW Latinx community; lfsauw@uw.edu
- [Native Faculty & Staff Association](#) - Community of American Indian / Alaska Native / First Nations (AIAN / First Nations) to focus on initiatives related to the well being of UW's Native faculty and staff; nafsuw@uw.edu

Indigenous & AIAN / First Nations Groups

- [First Nations Student Facebook Group](#)
- [American Indian Student Commission \(AISC\)](#) - UW Inter-Tribal organization promoting Native culture, education, and Native students' interests, needs, and welfare
- [Native American Advisory Board \(NAAB\)](#) - Established to further promote the sovereignty of Indian tribes and the diverse Native populations being served. Advises UW's VP for Minority Affairs & Diversity on outreach and retention strategies for Native students, faculty, and staff
- [Affiliated Tribes of Northwest Indians](#)
- [National Indian Education Association \(NIEA\) National Convention](#) - Native educators and advocates fighting to ensure Native students receive equitable and quality education

afforded to many of their peers. Advocates for immersion programs, professional development of teachers, increased funds for school buildings

- [Indigenous Wellness Research Institute](#) - Support for the inherent rights of Indigenous peoples to achieve full and complete health and wellness by collaborating in decolonizing research and knowledge building and sharing. Offers research trainings including [INSPIRE](#) (Indigenous Substance use and addictions Prevention Interdisciplinary Research Education program), [LUNA](#) (Lighting Up Native Aspirations - health research careers), and [IHART2](#) (Indigenous HIV/AIDS Research Training program)
- [Office of Minority Affairs and Diversity Tribal Liaison Position](#) - lisaaksiichaa Ross Brain, uwtriballiaison@uw.edu
- [Annual Tribal Leadership Summit](#) - Annual gathering opportunity for UW and tribal leaders to discuss issues of importance to American Indian / Alaska Native communities
- [Raven's Feast](#) - UW community graduation ceremony for Indigenous students
- [wəłəbʔaltx^w - Intellectual House](#) - Longhouse facility providing multi-service learning and gathering space for American Indian and Alaska Native students, faculty and staff, as well as others from various cultures and communities to come together in a welcoming environment to share knowledge

Undocumented Groups

- [Undocumented student resources](#) - Services, opportunities and resources available to undocumented students at UW
- [Leadership Without Borders](#) - Provides Undocu Ally training and additional resources for UW faculty and staff to develop better understanding of how they can build more supportive environments for undocumented students; undocu@uw.edu
- [Undocu-Ally Trainings](#) - Best practices for working with undocumented students

Womxn Groups

- [UW Women's Center](#) - Leadership development, tools for success, and education and advocacy programs for breaking down gender-based barriers for girls and womxn. Open to all students, staff, faculty, and community members; womens@uw.edu
 - [Scholarships](#)
 - [Violence Prevention & Gender Equity training](#)
 - [Anti-Human Trafficking Research & Policy development](#)

Individuals with Disabilities Groups

- [Disability Resources & Accommodations for Students \(DRS\)](#) - UW unit dedicated to ensuring access and inclusion for all students with disabilities including temporary or permanent physical, health, learning, sensory, or psychological disabilities; uwdrs@uw.edu

- [UW Disability and D/deaf Cultural Center \(D Center\)](#) - Space for studying, organizing, resting, and events focused on supporting and celebrating disability and D/deaf communities at UW and beyond
- [UW IT Access Technology Center \(ATC\)](#) - Hardware and software serving users with disabilities to allow full use of campus computing resources
- [UW DO-IT \(Disabilities, Opportunities, Internetworking, and Technology\) Center](#) - advancing success of people with disabilities in education, research, and careers. Tools for educators (universal design, communities of practice), students (student programs and activities, career prep, scholarships), and more (veterans, employers, other programs and resources)
- [Supporting Students with Disabilities](#) - UW resource for faculty and staff to connect students with disabilities and/or health conditions with DRS
- [UW Center for Technology & Disability Studies](#) - Interdisciplinary program focused on research, education, advocacy, and informatics related to assistive technology and accessible information systems
- [Disability Access & Accommodations](#) - UW page for compliance with local, state, and federal laws regarding the Americans with Disabilities Act (ADA)

First-Gen Groups

- [First-Generation Graduate Students](#) - Listserv and UW Core Programs resources for first generation students pursuing graduate degrees, including support networks, social events, career development, and other programming; cpinfo@uw.edu
- UW First-Generation Graduate Students [Facebook page](#)
- [National First-Generation College Celebration](#)
- [First-Gen Stories](#) - Stories from UW's first-generation community highlighting their experiences
- [Movie Nite for First-Gen Graduate Students](#)

International Student Groups

- [Foundation for International Understanding Through Students \(FIUTS\)](#) - UW group offering support and community for international students
- [Professional Networking Strategies for International Graduate Students](#)
- [Building Effective Communication for International Graduate Students](#)

Groups in Seattle & Beyond

- [Black Lives Matter \(BLM\) - Seattle Chapter](#) - Local Seattle/King County chapter of Black Lives Matter

Skill Support Resources for Graduate Students

SEFS graduate students can be expected to gain exposure to and/or develop skills in coding, GIS, statistical analysis, research development, data collection and processing, and scientific writing and presentation through coursework, research, and supplemental activities. Explicit skill requirements and research techniques vary across individual lab groups. Research in SEFS is typically done in a field or lab setting, where useful skills include driving, hiking/outdoor activities, compass/GPS navigation, first aid, following detailed protocols, and more. Most students will utilize coding for carrying out their research. Coding is typically done in R, but SEFS students may also use Python, Matlab, JavaScript, and other languages.

SEFS, the College of the Environment, and UW offer a variety of courses, workshops, training, and other resources for developing these skills.

Grad School Support

General resources for a successful graduate school experience

- [UW Libraries Research Commons](#) - space for students and faculty to collaborate and connect on research projects, as well as get support for all the steps of the research process: searching, writing, publishing, and funding. Includes workshop and presentation opportunities
- [UW Graduate School Core Programs](#) - Support for grad students through student-centered programming, resources, and tri-campus partnerships. Services include professional development events, public speaking and presentation development, leadership skills development, mentoring guides, goal setting, and more
 - [Graduate Student Newsletter](#) - Bi-weekly newsletter with tips and strategies to support success in graduate school. Subscribe [here](#)
 - [University 501 \(U501\)](#) - Self-guided online orientation designed for graduate and professional students
 - [Programming & Events](#) - professional development events for UW graduate students, including student success programming for first-generation and international graduate students
- [Educational Opportunity Program](#) - promotes academic success and graduation for under-represented ethnic minority, economically disadvantaged, and first-generation college students at UW
- [Mentor Memos](#) - Helpful memos written by UW faculty and staff that cover topics related to graduate school that are not necessarily covered in coursework including writing and editing, presentation skills, research, teaching, career exploration, and job-seeking skills
- [Graduate School Survival Guide](#) - guide for entering graduate students written by Wanda Pratt, UW

Tutoring

- [UW Instructional Center](#) - UW academic and tutoring support center

Data & Research Skills

Courses for learning R

- [QSCI 482](#): Statistical Inference in Applied Research I: Hypothesis Testing and Estimation for Ecologists and Resource Managers
- [FISH 552 / 553](#): Introduction / Advanced R Programming for Natural Scientists

Other Helpful Courses

- FISH 554: Beautiful Graphics in R
- FISH 497: Introduction to Environmental Data Science
- SEFS 520: Geographic Information Systems (GIS) in Forest Resources
- ESRM 430: Remote Sensing of the Environment

General Help

- [eScience Institute](#) - data science consultation and office hours
- [Software Carpentry](#) - computing skill courses, workshops, and seminars through the eScience Institute covering topics such as Git/GitHub, data science, and geospatial analyses
- [Consulting Program of the Departments of Biostatistics and Statistics](#) - faculty and graduate students in the program provide free statistical advice (study design, analysis) to University of Washington faculty, staff, and students through scheduled 50 minute consulting appointments

First Aid & Safety Skills

- [Wilderness First Aid \(WFA\) Training for SEFS](#) - offered in SEFS every 2 years by CPR Seattle
- [First Aid & CPR Certification](#) - UW EH&S hands-on training course for CPR and first aid
- [CPR Seattle](#) - local organization providing a variety of safety trainings

Professional Development Resources

Grants

- [Grant Writing Resources](#) - UW College of Education resource page

Science Communication

- College of the Environment quarterly science communication [workshops](#)
- [College of the Environment resources](#) for building your story, sharing your science, engaging with media, policymakers, and online

- [C ENV 590: Applied Improvisation for Science Communication](#) - communicate your research more confidently through workshops co-taught by UW faculty and professional improv comedians from CSZ Seattle
- [C ENV 500: Engage Seminar](#) - communicating science effectively to the public
- [Amplify](#) - College of the Environment event series of conversations among faculty, staff, postdocs and graduate students who want to explore and engage in science communication and outreach
- [UW Environment Science Communication Advisory Group](#) - College of the Environment task force of faculty and administrators to accelerate and empower better science communication
- [Graduate Certificate in Climate Science](#) - Program on Climate Change graduate program with opportunities to engage in communicating climate science for capstone project
- [Individual practice](#) - One-on-one training with College of the Environment staff to craft material for lab websites and prepare for interview with journalists; coenvcom@uw.edu
- [AAAS Mass Media Science and Engineering Fellows Program](#)
- [Leshner Leadership Institute for Public Engagement with Science Fellowship](#)
- [Pacific Science Center Science Communication Fellowship](#)
- [Washington Sea Grant Science Communications Fellowship](#)

Job boards

- [College of the Environment Career Opportunities](#)
- [UW Handshake](#)
- [UW Jobs site](#)
- [ESA's ECOLOG-L listserv](#)
- [Texas A&M Wildlife & Fisheries Sciences Job Board](#)
- [Women Helping other Women \(Seattle\)](#)
- [Earth Science Women's Network](#)
- [Josh's Water Jobs](#)
- [Conservation Job Board](#)

Mentoring Resources

- [How to Manage Up When Working with Faculty Advisors and Mentors](#) - Defining and shaping successful professional relationships within power dynamics
- [Mentoring Guides for Students](#)
- [Mentoring Guides for Faculty](#)

Individual Development Plan (IDP)

- [SEFS Mentoring Plan Resources](#)

- [Individual Development Plan Template](#) - developed by the UW Graduate School
- [General IDP](#) - developed by the University of Minnesota Graduate School
- [Imagine PhD](#) - Free, online career exploration tool for grad students in the Humanities & Social Sciences
- [myIDP](#) - Free, online individual development plan tool for grad students in the Life & Physical Sciences

Teaching Resources

- [SEFS 595: Graduate Teaching Practicum](#) - graduate teaching experience for SEFS students
- BIOL 396: Peer Facilitation - Teaching in Biology
- [Center for Teaching and Learning \(CTL\)](#) - UW center promoting student learning by supporting and strengthening UW teaching, focusing on evidence-based teaching, building global classrooms, and sustaining equitable learning communities
- [Annual Teaching & Learning Symposium](#)
- [TA Program](#) - Preparing graduate students for their roles and responsibilities as teaching assistants (TAs) at UW
- [Faculty Fellows Program](#) - Orients new faculty to UW campus community, facilitated by a number of campus educators, including topics such as effective teaching methods and techniques for balancing the demands of successful teaching and research
- [Evidence-Based Teaching \(EBT\)](#) - On-demand support from pedagogy and tech experts for improving teaching and student learning outcomes using learning technologies and other pedagogical best practices
- [Advances in Higher Education Research Seminar](#) - Seminar series highlighting original research in college-level learning and instruction

Career, Professional Development & Networking

- [LinkedIn](#) - [SEFS](#), [UW](#), or College of the Environment sites can help connect with alumni
- [UW Professional & Organizational Development \(POD\)](#) - Training, coaching, and consultation offerings for UW employees and organizations to build knowledge, skills, and abilities
- [UW Career & Internship Center](#)
- [Handshake](#) - UW Career Center online portal for networking, one-on-one career counseling, and mock interviews
- [Huskies@Work](#) - Program matching alumni and students for one-time, low-commitment online career talks
- [UW Career Development for Students with Disabilities](#)
- [UW Alumni Association](#)
- [Business cards](#) from UW Alumni Association

Public Speaking & Presentation Skills Development

- [SEFS 561: Professional Presentations in Environmental Science](#) - course preparing students to make public presentations in scientific, professional, and popular contexts and to interpret technical information for professional and lay audiences by developing and practicing professional talks in a supportive environment
- [Scholars' Studio](#) - Informal rapid-fire 5-minute presentations by graduate students and postdocs doing research on topics related to an interdisciplinary theme
- [UW Three Minute Thesis \(3MT\)](#) - Competition supporting graduate students' capacity to effectively explain their research or capstone project in three minutes to a public audience
- [UW Speaking Center](#) - offers a space for speech practicing and one-on-one tutoring

Conferences

UW

- [SEFS Graduate Student Symposium \(GSS\)](#) - annual student-organized conference put on by the SEFS Graduate Student Council to provide an opportunity for students to present their research or projects and receive feedback from their peers
- [College of the Environment Environmental Justice Conference](#) - annual conference for fostering transdisciplinary approach to issues of equity and inclusive collaboration to confront climate disruption
- [Graduate Climate Conference](#) - interdisciplinary climate conference run by graduate students, for graduate students, held each fall

Regional/National/International

- American Fisheries Society (AFS)
- American Indian Science and Engineering Society (AISES)
- Association for the Sciences of Limnology and Oceanography (ASLO) Aquatic Sciences Meeting
- Society for Advancement of Chicanos/Hispanics and Native Americans in Science (SACNAS)
- Society for Conservation Biology (SCB)
- International Congress for Conservation Biology (ICCB)
- Ecological Society of America (ESA)
- Geological Society of America (GSA)
- American Geophysical Union (AGU)
- International Association of Landscape Ecologists (IALE)
- The Wildlife Society (TWS)
- American Association for the Advancement of Science (AAAS)
- Society of American Foresters (SAF)
- Society of Ethnobiology

- Society for Ecological Restoration (SER)

Travel Funds

- [SEFS Graduate Student Travel Award](#)
- [College of the Environment Student / Postdoc Travel & Meeting Fund](#)
- [GPSS Travel Grants](#)

Funding

- [Emergency Aid](#) - Support for assisting UW students experiencing unexpected financial hardships, including grants, loans, and/or campus and community resources
- [SEFS Scholarships & Awards](#) - resource page for scholarship and financial aid information
- [GPSS Funding](#) - travel grants, diversity funds, special allocations for RSOs and departmental allocations from the Graduate and Professional Student Senate (GPSS)
- [Graduate Funding Information Service \(GFIS\)](#) - UW service for graduate students to help identify and locate opportunities for graduate education-related expenses, including tuition, research, and travel
- [UW Library Research Guides](#) - helping UW graduate students learn the skills and tools to find funding; specific resources related to scholarships/fellowships/grants, international students, government funding, workshops, and travel/study abroad
- [UW Office of Merit Scholarships, Fellowships, & Awards](#) - database of awards from within and outside UW
- [UW Financial Aid Office](#)
- [Seattle Milk Fund](#) - provides child care grants and family support to empower parents toward higher education opportunities

Seminars & Lectures

- [SEFS Seminar Series](#) - weekly speakers curated quarterly by faculty and students
- [SEFS Sustaining Our World Lecture Series](#) - annual spring event hosting speakers exploring complex issues of natural resource conservation and management in the Pacific Northwest and beyond
- SEFS Fish & Wildlife Seminar

Professional organizations promoting DEI in STEM & Natural Resource Management

Sourced from [SEFS Resources for Diversity, Equity and Inclusivity](#) and [College of the Environment Knowledge, Community & Action](#) resources

UW

- [Doris Duke Conservation Scholars Program \(DDCSP\)](#) - multi-summer, undergraduate experiential learning experience at UW that explores conservation across food, water, climate, and ecosystems of the Pacific Northwest
- [Seattle MESA \(Mathematics, Engineering, Science Achievement\)](#) - UW College of the Environment program that provides middle and high school students — as well as their teachers and parents — innovative, hands-on opportunities in mathematics, basic and applied science, and engineering in both formal and informal settings
- [Riverways Education Partnerships](#) - K-12 outreach program that connects undergraduate students from UW with educational and service opportunities in local and regional schools and community organizations through tutoring and mentoring
- [Engineers Without Borders](#) - provides essential infrastructure to the world's most vulnerable people, with an established Seattle professional chapter and a UW student chapter
- [The Community Engineering Corps](#) - provides engineering services to underserved communities in the U.S., with an established Seattle professional chapter and a UW student chapter
- [UW Youth Program](#) - directory of summer camps, field trips, and other youth programs offered by UW departments

Seattle

- [Environmental Professionals of Color \(EPOC\) Seattle](#) - network to provide a safe space for connecting people of color across the U.S. to catalyze change by surviving, thriving, innovating, and leading in environmentalism
- [Got Green](#) - South Seattle-based grassroots organization led by people of color and low income people that organizes for environment, racial, and economic justice

Regional, National & International

- [Ecological Society of America \(ESA\)](#) - Hosts a Black Ecologists group, and Environmental Justice, Inclusive Ecology, and Traditional Ecological Knowledge sections
- [ESA SEEDS \(Strategies for Ecology Education, Diversity and Sustainability\)](#) - ESA education program focused on diversifying and advancing ecology profession through opportunities that stimulate and nurture the interest of underrepresented students to not only participate in ecology, but to lead
- [Intertribal Timber Council](#) - National consortium of Indian Tribes, Alaska Native Corporations and individuals dedicated to improving the management of natural resources of importance to Native American communities; provides student scholarships
- [Wildlife Society](#) - Hosts a Gender Diversity Working Group
- [ADVANCE](#) - NSF program striving to increase participation of women in academic STEM careers with funding opportunities for individuals and organizations to help pursue these goals

- [Minorities in Agriculture, Natural Resources and Related Sciences \(MANRRS\)](#) - provides networks to support professional development of minorities
- [Center for Diversity & the Environment](#) - harnesses the power of racial and ethnic diversity to transform the U.S. environmental movement by developing leaders, catalyzing change within institutions & building alliances
- [National Action Council for Minorities in Engineering \(NACME\)](#) - catalyst to increase the proportion of African American, American Indian, and Latino young women and men in STEM careers

Transportation & Housing Resources

- Get the [OneBusAway](#) app for public transit!
- [Campus map](#)
- [U-PASS](#) - Transit pass for UW students and employees that allows rides on buses, light rail, and ferries around the Seattle area
- [UW Vehicle Rental \(UCAR\)](#) - Short-term and long-term vehicle rental for UW employees and students
- [UW Housing and Food Services](#) - provides variety of on- and off-campus housing options for grad students
- [Dawg Houses](#) - Housing website from UW's newspaper, The Daily
- [Trailhead Direct](#) - King County public transit to nearby trailheads

Food & Coffee on Campus

- [Husky Food Pantry](#) - shelf stable products, UW Farm organic produce, ready-to-eat items, and hygiene products at no cost for students, staff, and faculty
- [Fresh Bucks](#) - Financial assistance for Seattle residents to afford fruits and vegetables
- [SEFS office \(AND 107\)](#) has coffee and tea available for \$0.25
- [UW Farm](#) - 1.5 acre student-powered urban farm on campus that provides produce for campus dining, the food pantry, and the community. Offers weekly seasonal [CSA packages](#) for community members
- [City Grind](#) - non-starbucks coffee in basement of [Henry Art Gallery](#)
- [Parnassus Cafe](#) - non-starbucks coffee in basement of Art Building

Seattle Culture & Fun

[Seattle Black-Owned Restaurants](#) - guide created by Seattle Met

[Neighborhood BuyNothing groups](#) - great way to give and get free items from your neighbors!

[Seattle Public Library](#) - you can check out tickets to the zoo, aquarium, and some museums

[UW Arboretum & Botanic Gardens](#)

[Burke Museum](#) & [Off the Rez](#) food truck

[Frye Museum](#) - always free

[Volunteer Park Conservatory](#) - free on first Thursday and Saturday of every month

[The Stranger](#) - Seattle's alt-weekly with great info on events in the city

[Miller Library](#) in Merrill Hall (CUH) - bring your kids

[First Thursday Art Walk](#), Pioneer Square - first Thursday of every month

[Fremont Oktoberfest](#)

Parks & Open Spaces

- Discovery Park
- Magnuson Park
- Gas Works Park
- Golden Gardens
- Carkeek Park
- Volunteer Park
- Cal Anderson Park
- Lincoln Park
- Alki Beach Park
- Green Lake
- Ravenna Park
- Woodland Park
- Union Bay Natural Area
- Kerry Park
- Seward Park
- Interlaken Park
- Camp Long

Farmers Markets

- <https://seattlefarmersmarkets.org/> - U-District, West Seattle, Capitol Hill, Columbia City, Lake City, Phinney, Magnolia
- <http://www.sfmamarkets.com/> - Ballard, Wallingford, Madrona
- <http://www.fremontmarket.com/> - Fremont