

# **URGE** Resource Map for the Department of Geological Sciences, University of Alabama

This is a draft Resource Map for the University of Alabama Geological Sciences URGE Pod. This was adapted from the "Sample Ph.D. Mentoring Plan" developed by Vashan Wright (Woods Hole Oceanographic Institution) and Karin Block (City College of New York and CUNY Graduate Center), License: <a href="CC BY-NC-SA 4.0">CC BY-NC-SA 4.0</a>. Some of these will be resources common to all and some will be questions for identifying specific resources based on needs/interests identified during initial meetings while implementing the mentoring plan.

# Mentoring plan

- As the University of Alabama Department of Geological Sciences develops a more comprehensive plan for mentoring incoming students, the resource map provided here is intended to supplement the local & institutional knowledge passed from current department members to incoming department members.
- This resource map is a supplement to the 'transition document' already provided to new students by members of the DGS. Like the DGS transition document, we recommend providing a 'living document' version of this resource map to existing department members so that new resources and updated procedures can be continually added over time.

# **Core work resources**

- Code of Conduct, Handbooks and Orientations:
  - o Code-of-conduct
  - Faculty Handbook
  - New Employee Orientation
  - New Employee Onboarding Guide
  - DGS Graduate Handbook
- Campus ID:
  - o ACT Card
- Reporting Policies:
  - UAct Incident Reporting Policies
    - UAct Reporting Form

- Reporting Channels and Resources
- <u>Title IX Compliance</u>

## Outdoor Equipment

- UA Recreation Equipment and Gear Rental
  - Outdoor and camping equipment available for rent, including backpacks, camp stoves, sleeping bags, tents, canoes, etc.
- UA Fleet
  - Campus vehicle rental for class field trips, etc.

## Media Equipment

- UA libraries: Media Equipment
  - Equipment available to borrow includes: calculators, headphones, virtual reality headsets, computer accessories, phone chargers, audiovisual equipment, structure sensors, etc.
  - Equipment available to use in UA facilities includes: 3D printers, 3D scanners, interactive displays, presentation monitors, 'whisper booth' recording studios and associated equipment (microphones, software, etc.)
- UA libraries: Computer Availability
  - See live availability of computers in each of UA's libraries
- Sanford Media Center Recording Studio
- UA Department of Geological Sciences:
  - Computers are available in the graduate student lounge, graduate student computer lab, and undergraduate computer lab

### Printing/Scanning/Copying Services:

- UA Libraries: print, scan, & copy
- UA Printing Services
  - <u>Crimson Copies</u> (1st floor of Ferguson Center)
  - Prints & copies, photo printing, poster printing, lamination, and coil binding
- UA Department of Geological Sciences:
  - Free printing is available in front office, graduate student lounge, graduate student computer lab, or undergraduate computer lab
  - Free color printing, copying, and scanning is available in the front office
  - Contact Jim Donahoe for poster printing
- 3D Printing at UA

#### Software

- Reference/Citation Managers:
  - Endnote (free to UA students, faculty, and staff)
  - Proquest Refworks (free to UA students, faculty, and staff)
- Software at UA Libraries
  - List of software available in UA libraries

- o OIT Software
  - List of software available to UA community members
- Conference and workshop funding
  - AS Johnson Travel Fund Scholarship Geological Sciences
  - o UA Graduate School Conference and Research Funding

# **Community support and mental health resources**

- Assistance Finding Accommodations
  - UA off-campus housing resources
    - Find roommates, search apartments, and post sublease ads.
    - <u>UA Law Clinics</u> provides free legal advice for landlord/tenant disputes
    - UAPD's Safer Living Guide
- Transportation Services
  - o Crimson Ride Campus Shuttle
  - o UA Parking Services Motorist Assistance Program
    - Free 24/7 emergency vehicle services including battery jump and flat tire inflation
  - Lyft discount for students
  - o 348-RIDE
    - UA's nighttime and weekends ride-sharing program for students, faculty, and staff; for both campus and neighboring areas
  - o Tuscaloosa Transit
    - City busses and routes around Tuscaloosa
- Family & Child Care Resources
  - UA Graduate Parent Support
  - UA Family Resources Child Care
    - List of resources relating to child care on- and off-campus
  - UA Capstone Family Therapy Clinic
- Health & Mental Health Resources
  - UA Counseling Center
    - Individual Counseling Services
    - Same-Day Consult Appointments (30 minute phone calls)
    - Crisis and Urgent Consultation services
    - Support Groups / Group Therapy
    - TAO self-help module
    - Free Online Mental Health Screenings
    - Social Distancing and Coping Skills
    - Ulifeline/UA
      - Online mental health resources for students

- Tide Against Suicide: Resources
- UA Counseling Resources Page
  - Comprehensive list of resources for a variety of topics
- UA Student Health Center & Pharmacy
  - Provides pharmacy services, allergy clinic, women's health services, nutrition clinic, psychiatric services, X-ray services, lab services, confidential HIV-testing, etc.
- UA Eating Disorders Resources
- o <u>UA Capstone Family Therapy Clinic</u>
- o Tuscaloosa SAFE Center
  - 24/7 sexual assault crisis center in Tuscaloosa
- Turning Point
  - Local organization providing free services to victims of abuse, domestic violence, or sexual assault
- Resources for Women, Gender, and Reproductive Health
  - o UA Women and Gender Resource Center
    - Provides counseling and advocacy services, and a variety of related programs
    - Has 24/7 on-call advocate to provide information, support, and help finding resources
    - Provides a list of additional on- and off-campus resources
  - UA Student Health Center
    - Provides by-appointment services for women's and reproductive health
  - UA Title IX Office
  - UA Sexual Health condom distribution program
  - Yellowhammer Fund (local nonprofit)
    - An abortion fund and reproductive justice organization; provides free emergency contraceptives via mail, and other forms of funding and support
- Calendar(s) of events or mailing lists to join
  - o <u>UA Women and Gender Resource Center Events</u>
  - o <u>Tide Together Events</u>
  - UA Events Calendar
- Local/Community resources:
  - City of Tuscaloosa
  - o City of Northport
  - Home Grown Farmers Market
  - o Religious Organizations
  - Tuscaloosa Alabama Visitor's Guide
  - o Tuscaloosa Amphitheater: Live Concerts & Events in Tuscaloosa, AL
  - o The Arts & Humanities Council of Tuscaloosa, Alabama
  - River Market

- Diversity Resources:
  - o Multicultural Resource Guide for Students, Faculty and Staff
    - List of student organizations, community resources, congregation centers, ethnic & international cuisine restaurants, international grocery stores, university resources, salons, barber shops, and other resources
- Accessibility Resources:
  - UA Libraries: accessibility information
    - Includes a list of assistive software and equipment available through UA libraries
  - UA ODS (Office of Disability Services)
    - Campus resource for students requesting academic accommodations
- LGBTQIA+ and Ally Resources
  - UA Safe Zone Resource Center
    - Resources and programming related to the LGBTQIA+ community
  - UA Safe Zone Safe to Pee List
    - Interactive map of all-gender restrooms on UA's campus
- Legal Resources
  - UA Law Clinics
    - Free legal advice and services in a variety of legal areas
- Labor Union
  - United Campus Workers of Alabama
- Connecting with common identities and/or interests
  - UA LGBTQIA+ Campus Organizations
    - Capstone Alliance
    - Spectrum
    - GRADient
    - PRISM
    - oSTEM
    - Out for Business
    - UA MIS LGBT++
  - Book Clubs
    - Women & Gender Resource Center Book Clubs
      - "EveryWoman" book club for faculty, staff, and graduate students
      - "EveryStudent" book club for students
  - Women
    - Momentum: Women's Dissertation & Thesis Support Group

- AAUW (American Association of University Women) student organization
- Graduate Students/Young Professionals
  - Young Tuscaloosa
  - <u>Tide Together Mentor Program</u>

## **Skillset support resources**

- Library Resources and Services:
  - UA Libraries: Geology Reference Guide
    - UA Geology reference librarian: Mangala Krishnamurthy
  - o <u>ILLiad Interlibrary Loan</u>
    - Request books, articles, or materials from *outside* the UA library system
  - UA Libraries Document Delivery
    - Request scanned copies of book chapters/articles present physically within one of UA's libraries
    - Request a hold on physical copies of UA libraries materials (books, DVDs, microfilm, etc.)
    - Faculty can have library items delivered to their campus mailbox via intra-campus mail
  - o <u>UA Libraries Guide: Research Data Management & Curation</u>
- Media Equipment Training:
  - Sanford Media Center-media equipment training

### <u>Professional development resources</u>

- Available resources for training/development or best practices in:
  - Professional/Academic communication:
    - Speaking Studio
      - Consultation on public speaking
    - Writing Center
    - Sanford Media Center
      - Consultation on multimedia software, projects, and media equipment
      - Media equipment reservation
    - Publisher-in-Residence Program
  - Student/Academic skills and support
    - Capstone Center for Student Success
    - Student Skill Building Session Calendar
    - Student Success Support and Resources
    - Office of Disability Services
  - Teaching/Pedagogy

- Assessment and Planning Resources
- Center for Instructional Technology
  - CIT Workshops
- UA Libraries: Information for Faculty
  - Resources and information regarding course reserves, purchasing course materials, library instruction sessions, and teaching distance learning
- Working with Students
  - Staff Professional Development Resources
- Career and Professional Development
  - Career Center
    - Versatile PhD (free access for UA students)
    - <u>National Center for Faculty Diversity and Development</u> (free access for UA graduate students and faculty)
    - Crimson Career Closet (suspended during COVID)
    - Professional Headshots
  - Career Center Diversity Resources
  - Business card printing available at UA Printing Services
  - AAUW Start Smart Pay Negotiation Workshops
- Fellowships and Scholarships
  - Graduate School Scholarships & Fellowships
  - Geological Sciences Advisory Board Scholarship
  - AS Johnson Travel Fund Scholarship Geological Sciences
  - W. Gary Hooks Endowed Geology Fund
- External Funding Resources:
  - Alabama Geological Society Student Travel Grant Geological
- DGS Student Organizations:
  - AAPG (American Association of Petroleum Geologists) Student Chapter: President: Jenna Graham. Open to all UA Geological Sciences Graduate and Undergraduate students
  - SGE: Sigma Gamma Epsilon Student Chapter
  - SGE Sigma Gamma Epsilon Contact: Dusty Hawkins.
  - o Association of Women Geologists (AWG): Contact: Jenna Graham

#### **Outreach resources**

- Training Opportunities:
  - Harbor Training (provided by the UA Women and Gender Resource Center)
    - Training for faculty, staff, and graduate students to develop their knowledge of resources available to victims of sexual assault, domestic/dating violence and stalking (provided by the UA Women and

### Gender Resource Center)

- Safe Zone Ally Training (provided by the UA Safe Zone Resource Center)
  - This training program provides a visible network of allies for lesbian, gay, bisexual, trans, queer, and asexual (LGBTQIA+) individuals. Safe Zone Allies distribute information regarding sexuality, gender identity, campus and community resources, and methods for reporting harassment and/or discrimination.
- Suicide Prevention Training (provided by the UA Counseling Center)
  - Available as a free 30-minute online course ("Ask, Listen, Refer")
  - Longer in-person training available by request ("Question, Persuade, Refer Gatekeeper Training")
- Mentoring Opportunities
  - <u>Tide Together Graduate Mentor Program</u>
- Networking and Volunteering Opportunities
  - Young Tuscaloosa
  - o Bama Pulse
- Recommendations for the DGS regarding service and outreach:
  - Enact more explicit policies on expectations regarding participation in department outreach activities, both to make it clear to department members when and how they are able to decline additional requests on their time, and to appropriately value and acknowledge the contributions that they do choose to make.