

UNC Chapel Hill Marine Sciences Resource Map

This is a draft Resource Map for UNC Chapel Hill Marine Science Pod. These resources are to be given to new members of the department.

University/campus wide resources

- University Office for Diversity and Inclusion: <https://diversity.unc.edu/>
- UNC Office of Diversity and Inclusion Resource Portal: [Interactive Resources Portal | University Office for Diversity and Inclusion \(unc.edu\)](#)
- American Indian Center: <https://americanindiancenter.unc.edu/>
- Carolina Women's Center: <https://womenscenter.unc.edu/>
- Carolina Latinx Center: <https://clc.unc.edu/>
- LGBTQ Center: <https://lgbtq.unc.edu/>
- Organizations on campus reaching out to students specifically
 - https://twitter.com/SACNAS_TARHEELS
 - <https://bgpsa.web.unc.edu/>
 - <https://www.bweems.org/post/black-women-in-ecology-evolution-and-marine-science-we-do-exist>
 - International Student and Scholar Services: <https://iss.unc.edu/>
 - Initiative for Minority Excellence: <https://graddiversity.unc.edu/initiatives/initiative-for-minority-excellence/>
 - Funding for diverse students (add note to website): <https://gradschool.unc.edu/funding/gradschool/diversity.html>
 - CAPS Multicultural Health Program: <https://caps.unc.edu/services/multicultural-health-program>

STEM online community resources

- Other online resources
 - <https://ethicsandequitycenter.org/>
 - <https://www.aslo.org/resources-for-promoting-inclusion-and-equity-in-the-aquatic-sciences/>
 -
- Twitter resources
 - <https://twitter.com/BlackinMarSci>
 - <https://twitter.com/LatinxMarineSCI>
 - <https://twitter.com/500QueerSci>
 - <https://twitter.com/LatinxinSTEM>
 - <https://twitter.com/BlackInMicro>
 - <https://twitter.com/biodiversifying>
 - <https://twitter.com/realscientists>
 - <https://twitter.com/BLACKandSTEM>
 - <https://twitter.com/VanguardSTEM>

Community lifestyle resources

**indicate business available in Morehead City*

- HairDressers / Barber shops
 - Arrow (general barber shop - all hair types)
 - In the Cut (barber shop - coily hair type)
 - Ceremony (salon - straight and wavy hair types)
 - To the Woods (salon - straight and wavy hair types)
 - Friendly (general barber shop - all hair types)
 - Midway (barber shop - coily hair type)
- Supermarkets
 - Harris teeter (southern general grocery store)*
 - Trader Joe's
 - Wegmans
 - Food Lion*
 - Whole Foods
 - Lowe's Foods (Carolina grocery store)*
 - Lidl's*
 - Li Ming (Asian Market - Durham)
 - Super H Mart (Cary)
 - Weaver St Market (local co-op / grocery store)
 - Matsuya Oriental Market (Hubert, NC)*
 - Oriental Market (Jacksonville, NC)*
 - Mon Asian Market (New Bern, NC)*
- Coffee Shops (great for studying or working on group projects/ assignments)
 - Honeysuckle (relaxed coffee shop)
 - Grey Squirrel (good for meetings - only open in the morning)
 - Bread and Butter (good for studying)
 - Open Eye (good for studying)
 - Oasis (hippie-inspired)
 - Cha House (Asian-inspired tea house)
 - Yaya Tea (Asian)
 - Sweet Beans*
 - Calico Creek Coffee Shop*
 - Cru* (Beaufort)
 - Crystal Coast Coffee Roasters*
- Institutional restaurants
 - Chapel Hill
 - *Franklin St is the main location for restaurants and bars on main campus in Chapel Hill*
 - Time Out (southern food - open 24 hours)
 - Sutton's Drug Store (diner style - it is a restaurant not a drug store!)
 - Topo (upscale American - super busy on game day)
 - Cosmic Cantina (Mexican-American takeout)
 - Vimala's Curryblossom Cafe (Authentic indian)
 - Al's Burger Shack (American - Burgers)
 - Carolina Coffee Shop (American - breakfast and lunch)
 - Luna's (South American fusion)
 - Mama Dip's Kitchen (traditional African American Southern food)
 - Food trucks - They are mostly in Carrboro and are awesome (authentic Latin / South American food)
 - Gourmet Kingdom (authentic Chinese food)

- Morehead City
 - Dank Burrito (americanized burritos, tacos, bowls- delicious and vegan options available)
 - Yellowfin Pub (seafood, outside, and on the water, dog friendly)
 - Ruddy Duck Tavern (American seafood)
 - Full Circle Café (New American salads and wood-fired pizza, vegan options available)
 - El's Drive-In (Institutional fast food since 1959, soooo good, cash only)
 - Thai Sticky Rice (very good and affordable thai food)
 - China Garden & Mongolian Grill
 - Beaufort Grocery (Not a grocery store anymore, mostly popular for brunch)
 - City Kitchen (great cocktails)
 - Clawson's 1905 (seafood, steak, burgers, wings)
 - Moonrakers (great cocktails, a little pricey, but the view is amazing- perfect place to take family when they visit)
 - Black Sheep
 - Aqua Restaurant (tapas, willing to make dietary adjustments)
 - Mezcalito Beaufort (Mexican)
 - No Name Pizza and Subs (yummy pizza etc, locally owned)
 - Bahia (pricey, but delicious food)
 - Island Grille (BOGO entrees year round on Mondays and Tuesdays)
 - Idle Hour (burgers, great cocktails, right on the beach, dog friendly)
 - Nami (sushi)
 - Amos Mosquito's (eclectic American seafood menu)
 - Floyd's 1921 (down home American)
 - Grumpy's (American Diner)
 - 4 Corner's Diner (American Diner)
- Bars -Trivia and Karaoke are popular activities
 - Chapel Hill and Carrboro
 - Lindas (bar food - great place to watch the game; trivia on Tuesdays and Wednesdays)
 - Tru (wine bar + sandwiches, also great mocktails)
 - He's not here (classic Chapel Hill Bar; trivia on Tuesdays and karaoke on Sundays)
 - Goodfellows (typically and undergrad bar - but good for dancing; trivia Tuesday; karaoke Tuesday and Wednesday)
 - Steel String (brewery)
 - Topo (great on game day)
 - Dead Mule (dive bar)
 - The Crunkleton (Cocktail and whiskey bar)
 - Morehead City/Beaufort/Atlantic Beach
 - The Growlers Bar
 - Crystal Coast Brewery (dog friendly)
 - Idle Hour (also has food)
 - AB Bottle (dog friendly)
 - Promise Land (also has food)
 - Arendell Room
 - Tight Lines (also has food)
 - Backstreet Pub
 - Millwhistle Brewing

- Fishtown Brewing
- Social traditions
 - UNC Basketball is very popular and watching is a great way to bond with other students. Students typically watch at bars on Franklin St. UNC vs Duke games are a big deal!
 - UNC and Duke grad students often watch games together in Morehead City either at a bar or at someone's house
- Resources for staff or faculty related to child/elder care and parental leave
 - <https://hr.unc.edu/benefits/work-life/child-care/>
- Travel Funds (Graduate School and department, professional societies)
- Internal department awards
- Social events to let new people get to know everyone and feel a part of the community (annual department retreat?)
- Informal research in progress meetings
- More frequent informal social gatherings
- How to get a rental?
 - Websites like Zillow, trulia, and craigslist in the triangle
 - Students live in Chapel Hill, Carrboro, sometimes Durham
 - Independent realtor websites or word of mouth in Morehead City
 - Students live in Beaufort, Morehead City, Atlantic Beach
- Libraries/bookstores
 - <https://cartercountync.libguides.com/mainpage/home>
- DMV
 - [The Official North Carolina DMV Website \(ncdot.gov\)](http://www.ncdot.gov)
- Hospitals (both on and off campus)
 - <https://www.carterhealth.org/>
 - https://www.fastmed.com/urgent-care-centers/morehead-city-nc-walk-in-clinic/?utm_source=Google&utm_medium=KnowledgePanel&utm_campaign=GG MBWebsite
 - <https://www.beachcaremedical.com/>
 - https://carolinasurgentandprimarycare.com/?utm_source=google&utm_medium=organic&utm_campaign=gmbResidency (how do you do it?)
- Avenues of Mental Health resources
 - [Counseling and Psychological Services \(unc.edu\)](http://www.unc.edu)
- Benefits - what are you getting with student health insurance?
- IM / club sports / Gyms
 - [UNC Campus Recreation](http://www.unc.edu)
 - [Intramural Sports - UNC Campus Rec](http://www.unc.edu)
 - <https://www.sportscentermorehead.com/>
 - Downtown Barre (yoga, barre, spin)
 - Morehead City Parks and Rec department offers gym services (~40/year)
- Outdoor recreation (parks/ lakes/ hiking)
 - Morehead City
 - Croatan Forest
 - Ft. Macon State Park
 - Core Banks (~\$9/person; ~\$30-40/kayak; ~\$50/vehicle)
 - Atlantic Beach, NC (Pay-to-park during the summer)
 - Shackleford Banks (~\$35 ferry)
- Transportation (parking/ bus system/ rental cars)
 - Chapel Hill Transit: <https://www.townofchapelhill.org/government/departments-services/transit>

- Campus safety info
 - safe.unc.edu
- Transportation to IMS
- Churches, Synagogues, Temples, Mosques...
 - Bogue Banks Baptist
 - Life Church Atlantic Beach
 - One Harbor Church (non denomentational)
 - Chua Tung Lam Temple (Buddhist temple in Wilmington, NC)
 - Masjid Al Huda (Islamic Center of Jacksonville)
- Airports
 - Raleigh-Durham (RDU)
 - New Bern (EWN)
 - Wilmington International (ILM)

Resources lacking:

- Resources focused on intersectional identities
- Eventually separate into separate documents for IMS and Chapel Hill
- Informal research in progress meetings
- More frequent informal social gatherings