University of Alberta
The Graduate Student Association has compiled a list of resources in Edmonton for BIPOC (here). The list is included below.

Learning and Empowerment:

● Edmonton Public Library’s "How to Be an Antiracist Reading List" - also see this list of "Antiracist Resources and Reads: Lists for All Ages"
● CHEW Project YEG's comprehensive list of "Canadian Organizations that Empower and Support Black Communities"
● "Edmonton Anti-Black Racism Toolkit" by Bashir Mohamed, an Edmonton-based Human Rights Activist
● The Africa Centre and The Come Up
● Crescendo ("advocating for the lives and rights of Black people")
● Canadian Civil Liberties Association ("fighting for the civil liberties, human rights, and democratic freedoms of all people across Canada")
● You can also learn more about the important work being done by the Black Graduate Students' Association (and read the statement they previously released, also shared below) and the Indigenous Graduate Students' Association (and read the statement they previously released, also shared below) and stand in allyship with them

Support:

● First Peoples' House - Maintains both FNMI Elders and a Wellness Coordinator Social Worker who are remotely available to support students seeking support
● ACCESS Outreach Team - 1:1 community broker social worker support, social navigation and assistance available through virtual channels with some options for in-person support if necessary
● Counselling & Clinical Services - Can provide remote psychological support to students through 1:1 counselling, in addition to group sessions, with nuanced support available for LGBTQ2S+ students as well as the general student population
● University Health Centre - Appreciating that some students feel more comfortable seeking mental health support from their family physician, the University Health Centre continues to offer in-person consults (by online appointment) and telehealth/virtual health consults
● Resources for BIPOC - Compiled by the ACCESS Open Minds team
● Black Youth Helpline - Supporting and helping youth nationwide

University of Saskatchewan
The University of Saskatchewan has a lot of resources for Indigenous students through the Indigenous student center. There is also an anti-racism/oppression advisor to the university
There is an African Student Association. No comprehensive list of resources was found.

**Ottawa**

University of Ottawa

- Each faculty has a student centre that includes lots of good resources including peer mentors, study groups, and advice for students
- There are a wide variety of mentorship opportunities including mentorship for international and exchange students
- There is also a grad student mentoring centre
- **Counselling services** are available
- UOttawa has compiled a list of [mental health and wellness resources for employees](#)
- UOttawa has also compiled a list of [off-campus mental health resources](#)
- There is a [special advisor on anti-racism and inclusion](#) that posts about events and news related to EDI. On this page there are also links to related policies and guidelines on how to file a complaint.
- The UOttawa Students’ Union provides a list of [resources for/from the Black Community](#) that includes a ton of resources, including a list of Black-owned businesses, resources for law and advocacy, mental health supports, and relevant books, websites, documentaries, etc. to check out
- List of [religious/cultural student clubs](#)

Ottawa community

- Ottawa markets [BIPOC farmers’ initiative](#)
- [Women of Color Remake Wellness](#) provides a space for BIPOC women to share resources and information about wellness
- The Ottawa Free Fitness group hosts events specifically to include BIPOC in outdoor activities (interesting news article discussing this [here](#))
- [BIPOC Yogis Ottawa](#)
- The Ottawa Aboriginal Coalition and the Native Friendship Centre have lots of information on how to get involved in different organizations, events, and projects, as well as information on social programs
- [African Canadian Association of Ottawa](#) and [Black Ottawa Connect](#) provide community supports for Black Ottawans