This is a draft Resource Map for Monterey Bay URGE pod at CSUMB.

**CSUMB Resource Map: Community Support and Mental Health Resources**

The following resources exist at CSUMB for students, staff and faculty to help them adjust to life on campus, identify a community of support and/or resources that will help them achieve academic and professional success. These resources were compiled via interviews with CSUMB students and faculty, as well as academic advisors for the College of Science. Mentoring plans are done on a department-by-department basis; we recommend that the College of Science develop a committee that would address onboarding procedures, mentoring plans, and resources and expectations regarding communication and reporting policies.

1. **You@CSUMB:** [https://csumb.edu/pgcc/youcsumb](https://csumb.edu/pgcc/youcsumb)
   You@CSUMB is an anonymous, personalized platform focused on identifying CSUMB resources available for well-being and finding community. This is a great place for anyone affiliated with CSUMB, especially students, to start as it begins with a survey and helps identify the appropriate resources, along with tips for managing and balancing academic and health goals.

2. **CSUMB Center for Black Student Success:** [https://csumb.edu/blackstudentsuccess](https://csumb.edu/blackstudentsuccess)
   “Mission from website: The Center for Black Student Success (CBSS) engages and empowers African Diaspora students at CSUMB by providing academic, professional, and personal/cultural support and enrichment programming. CBSS serves as the central hub and campus home for Black student life, working with campus and local community members to ensure Black collegiate success at CSUMB.”

3. **Undocu-Success Support:** [https://csumb.edu/undocumentedstudents](https://csumb.edu/undocumentedstudents)
   “Mission from website: Our Mission is to empower scholars who are undocumented in their educational pursuits and foster a supportive campus community dedicated to achieving their educational and personal goals.”

4. **Personal Growth and Counseling Center (PGCC):** [https://csumb.edu/pgcc](https://csumb.edu/pgcc)
   “The Personal Growth & Counseling Center (PGCC) is dedicated to improving the quality of CSUMB students' lives and aiding them in achieving academic success. The multi-disciplinary staff are committed to the development of the whole person and provide high-quality crisis intervention, counseling, consultation, educational outreach programs, support programs, and referrals all designed to help students.”

5. **Campus Advocate:** [https://csumb.edu/campusadvocate](https://csumb.edu/campusadvocate)
The Campus Advocate is a confidential survivor advocate from Monterey County Rape Crisis Center serving the CSUMB.

CSUMB has a branch of the NCBI on campus. NCBI is “a non-profit leadership training organization that works to eliminate prejudice and intergroup conflict in communities throughout the world. CSUMB has been a campus affiliate since 1998 and provides an ongoing mechanism for staff, faculty and students to provide an institutional response to racism and other forms of oppression. We have a group of student leaders, administrators, staff and faculty who act as a leadership team that is fully empowered to take on tough campus issues. Diversity workshops, training and resources are provided for the campus community.”

7. Student Clubs. [https://csumb.edu/clubs/inter-club-council-icc](https://csumb.edu/clubs/inter-club-council-icc)
CSUMB has a large number of student clubs that range on topics from hiking and kayaking to pre-professional clubs. These are a great place The Inter-club council is a place to learn about clubs and provides support to students seeking to start new clubs.

8. Student Engagement and Leadership Development: [https://csumb.edu/seld](https://csumb.edu/seld)
From the mission statement: “SELD serves a critical role in ensuring the education & development of the whole student and achieving the academic mission of our campus. We are committed to providing a wide array of programs, campus events, leadership initiatives, and civic engagement opportunities to support students’ collegiate endeavors from orientation to graduation.”